



# REVIVAL DERMATOLOGY

## Post Procedure Instructions

### BBL Photofacial

#### Before your treatment:

Avoid direct, extended sun exposure for two weeks pre-treatment. For the safest and most effective treatment we want your skin at the lightest most natural color.

- We cannot safely treat sunburned or sun sensitized skin
- Avoid self tanning products for two weeks pre treatment
- Avoid chemical peels and other pulsed light or laser treatments for two weeks pre treatment
- If you are using topical medications or products that irritate your skin or make your skin feel sensitive to the touch please stop use for 3-5 days pre treatment

#### After your treatment:

- Post treatment your skin can feel warm and sensitive.
- Please avoid direct and extended sun exposure for at least two weeks after treatment.
- Sun spots will be slightly darker in color and/or inflamed immediately post treatment and can continue to get darker for appx 2 days before they begin to flake off
- Do not attempt to scrub off the dark spots, they will flake off on their own within appx 7-10 days, if treating the body this process can take several weeks
- If treating redness you will likely be more red immediately post treatment. Capillaries can appear darker red or become a purple color and bruising is also possible and should resolve within appx 10 days. It is also possible to have some swelling.
- Please avoid hot tubs, saunas and strenuous exercise for appx 48 hours post treatment.

**Most patients need appx 3 treatments at one month intervals for the best results.**

