



REVIVAL DERMATOLOGY

Post Procedure Instructions

SKINPEN MICRONEEDLING

- Follow the instructions in the post-care kit you have been given.
- Avoid sweating for 72 hours after the treatment.
- Avoid direct sun exposure while your skin is healing. Use a broad brimmed hat or scarf to protect the facial skin. You may apply mineral sunscreen the day after your procedure.
- Mineral makeup can be applied the day after your treatment.
- Your skin will be red (like a sunburn) and may have pinpoint red spots (“petichiae”) due to where the microneedles punctured your skin. It is also possible, but not common, to have some bruising, especially around your lower eyelids. You may also be swollen.
- For the first 3-5 days, your skin may feel hot and tight and be very dry. Flaking will become prevalent in a few days, and most people have very few signs of the procedure 1 week out.
- You may resume your regular skin care routine after 48 hours.
- SkinPen’s collagen induction therapy is a process--anywhere from 3-6 treatments spaced every month will produce the best results. Adding PRP to the treatment will not only enhance your results but it will decrease your downtime.

