

## Post Procedure Instructions

## **KYBELLA**

## AFTER YOUR APPOINTMENT:

- Expect to be red, swollen and tender with potential bruising after the treatment for up to 1 week. Remember that the full effect of the treatment won't be evident for a full 8-12 weeks and most patients require more than one treatment.
- o Ice the treated area for 10 minute intervals every hour for the first few hours.
- Avoid blood thinners like aspirin, fish oil, NSAIDs, Vitamin E for 24 hours. You
  may take Tylenol for discomfort.
- o Avoid alcohol, smoking or nicotine for 24 hours.
- Contact our office if you have any excessive pain, tenderness, swelling or concerns.

