



REVIVAL DERMATOLOGY

Post Procedure Instructions

CRYOSURGERY (Liquid Nitrogen treatment)

- o You may treat the area like normal skin. Covering with a bandaid is fine. Tylenol or Ibuprofen can help with discomfort. You may continue your normal activities.
- o A blister may form within 1-2 days. Sometimes these can fill with blood. The blister will gradually dry up and separate from the healing skin below in 1-2 weeks. Sometimes the crusts will last as long as 1 month when deeper spots are treated. Rarely a permanent white mark or scar will be left after healing.
- o If the blister is uncomfortable, clean a small needle with rubbing alcohol and drain the blister. Do not remove the roof of the blister as this aids in healing.
- o Once the blister roof falls off or a scab/sore forms, clean the area with soap and water or hydrogen peroxide. Remember that crusts can lead to scar, so keep the area MOIST with vaseline or Aquaphor under a bandaid.
- o Some redness, itching and oozing is part of the normal healing process. Signs of infection include increasing redness, pain, swelling, heat, and yellow discharge. Please call the office if you are concerned about infection OR if the lesion is still present after 1 month.

